



Provincial Team Information Session

What is the Provincial Team about?

- Recognizing fencers who represent NB outside of NB
- Identifying potential candidates for a competitive Team program
- Developing higher levels of fencing in NB
- Building a strong base of competitive fencers
- Providing models for developing fencers to aspire to

Why should I join the Provincial Team?

- To get guidance on how to develop
- To coordinate with other athletes in the province
- To participate in continuing athlete development

What will it cost me?

- Up front it costs \$100. This \$100 is a Project Fee that is held in reserve and used for the first Project you participate in. The Project Fee is used to fund the travel and accommodation of the designated coach(es) for that Project. These costs are split evenly between the participants in that Project.
- Each Project after the first requires an additional \$100 Project Fee to participate in.
- There may be additional costs to a Project. Depending on the particulars of the Project, the cost of the designated coach(es) may be higher than \$100/participant. In that case this additional cost is to be split evenly among the participants.
- Athletes and anyone travelling with them are responsible for their own costs, including but not limited to, registration, travel, and accommodation.

What do I get?

- Access to additional training; a camp coming at the end of September will have Team exclusive activities. Additional camps are being planned now.
- Access to provincial coaching resources when at Team Projects.
- Access to the ED for coordinating efforts at Team Projects.
- Fitness testing and analysis over the season.
- Upcoming enrollment in a physical fitness program.
- Personal feedback from provincial coaching resources.
- Personal video review sessions.