



Green Armband Evaluations

Venue: Damocles Fencing Club
800 St. Mary's St., Fredericton

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FENB is providing members with an opportunity to achieve the Green Armband level of the Canadian Fencing Federation Instructional Program which follows the stages of skill development in fencing.

For more information about this program, check out the CFF website link:
<http://fencing.ca/armband-instructional-program/>

Requirements: To be evaluated, registrants must be an FENB member (2016-2017) and have completed the Orange level or have the recommendation of their personal coach.

Dates & Times: August 1 (Tues) OR August 3 (Thurs): Participants must select one of the following 30-minute timeslots: 6:30 pm, 7 pm, 7:30 pm, 8 pm when registering for this event.

Deadline: Participants must register for the event **by July 21st**.

Registration: Registration can be completed here: <https://doodle.com/poll/zkc26mexsi4gguy6>

What you need: Please bring your fencing gear, including fencing breaches, and a water bottle.

Format: Participants should arrive at least 15 minutes prior to their evaluation timeslot and be properly warmed up and equipped at the selected time. The evaluations will be completed by two coaches. A list of the appropriate Green Armband Skills can be found here:
<https://sites.google.com/site/fenbresources/coaching-and-armband-program>