



Regional Fencing Camp Foil

Saturday
April 9th, 2016
Saint John

Fencing-Esprime NB have the great pleasure to invite all foilist from New Brunswick who wish to develop their yellow and orange skills to attend this training camp.

Schedule:

Harbour View High School Gymnasium 305 Douglas Ave, Saint John, NB	
Saturday April 9th	
From Yellow to Orange armband Learn to train	
<i>The focus of the fencing camp will be on technical development preparing the fencers to compete at the provincial level.</i>	
9h30-16h NB Youth Development group 9 to 12 years old	9h30-16h NB Development group 13 to 19 years old
Schedule will contain; <ul style="list-style-type: none"> - Footwork - Group lesson - Directed bouting - Competitive situation bouting 	

The schedule may change a little depending on the size and experience of the group.

What to Bring: Fencing Equipment (including electric gear & 2 working weapons), Indoor shoes, Water Bottle, Lunch & Snacks, Training Diary & Pen.

Note: You may wear shorts for warm-up and footwork activities; however, you must wear long pants or fencing breeches for blade drills and bouting.

Fees:
\$30 for FENB Members on Saturday (40\$ for non-FENB members)

For additional questions or information, please contact fencingnb@gmail.com.

Registration: Deadline is Friday, **April 1th**, 2016. [To register please complete this linked Google form.](#)

Payment can be made by cash or cheque (payable to Fencing-Esprime NB) upon arrival.

A confirmation will be send to the participants.

Limit of 30 participants.

Registration Form

Please bring a signed copy of the registration form with you to the Camp.

Name: _____ Email: _____

Club: _____

Weapon: ____Foil

Armband Level: ____None ____Yellow ____ Orange

Participant Agreement: Please read carefully and sign below: I understand that there is potential risk for injury inherent in fencing, as in all sports. These include but are not limited to: muscular injuries resulting from vigorous exertion and rapid changes of direction of movement; bruises resulting from hits received during fencing with an opponent; injuries resulting from my failure to properly use the fencing equipment; injuries resulting from the breakage of a fencing sword or failure of protective equipment; additional risks associated with my travel to and from the fencing event.

Personal protective equipment: I understand that it is mandatory to wear a properly fitting fencing mask, underarm plastron on the sword arm, breast protector for females, fencing jacket, glove with gauntlet that covers the sword arm sleeve, and fencing breeches or long pants of robust material, all of which must be in good repair. Safety rules in competition: I understand that rules have been established for safe conduct at the training site that I must follow and the organizers have tried to create a safe and controlled environment for participation.

Release: I am participating voluntarily in this event and agree to accept the risks and be responsible for any injury, equipment damage or other loss that I might incur as a direct or indirect result of my participation in the clinic. I agree to release Fencing-Escrime NB and their respective directors, officers, staff, coaches, volunteers and officials of all responsibility for such injury, loss or damage.

Acknowledgement: I have read this agreement and understand its significance.

Athletes Signature: _____ Date: _____

Parent/Guardian: _____