



# Coaching Clinic: Armbands

**Saturday, May 9:** 10am to 5pm, and coach supper

**Sunday, May 10:** 9am to 4pm

**Location:** Moncton (facility TBD)

**Weapon:** Foil, Epee and Sabre armband skills will be discussed

**Content:** This clinic will heavily feature understanding, teaching, and evaluating the Orange and Yellow armband skills.

**Head Coach:** Jim Stevens, NCCP Level 3 in Sabre

**Camp Fee:** \$80 for FENB members, \$120 for non-FENB members. Please make cheques payable to Fencing-Esprime NB. Fees will not be reduced for participants that can only attend one day.

**To Register:** Please confirm by e-mail [JamesStevens28@gmail.com](mailto:JamesStevens28@gmail.com) no later than April 30.

This clinic is intended to give coaches an opportunity to learn about the Armband program. There is currently no National program to help coaches deliver classes based on the Armbands. Jim Stevens was heavily involved with a National committee that was developing such a program, and will be sharing this knowledge at the clinic. Some of the topics that we will explore are:

- what level of skill must be demonstrated by a student
- how to conduct an evaluation
- technical descriptions of each of the Yellow and Orange skills
- how to build classes and instructional programs off of the Armbands

The Yellow and Orange Armband skills are not complex, and a club level coach should be capable of demonstrating and teaching each of these skills. Coaches who attend the clinic will have the opportunity to:

- discuss each skill and its evaluation with the head coach, and other participants
- get access to documents on each skill, and tools for conducting an evaluation
- practice the Armband skills, and practice instructing others in these skills
- get feedback from the head coach and other participants on their own coaching techniques

*This clinic is not part of the National Armband program, and is not part of a certification program for coaches.*

*If you would like to preview some of the information that will be discussed, you can check out the following site:*

*<http://demo.sabrebrain.com>*